

**NYC SINGER/SONGWRITER LEYLA'S BELIEF
IN THE HEALING POWER OF MUSIC DRIVES
"LEGION OF LIGHT," HER DEBUT SINGLE AND
AN EMPOWERING ANTHEM FOR THESE TROUBLED TIMES,
SET TO DROP SEPTEMBER 29**

Penned by The Swiss Born Artist and Aimee Proal (Kelly Clarkson, Joe Cocker) and Produced by Lynn Verlayne Studio Head of A&R Michael Grayer, the Track Reflects Leyla's Studies as a Reiki Master and Sound Healing Facilitator

Beautifully reflecting her lifelong faith in the healing power of music, emerging NYC singer/songwriter Leyla's debut single "Legion of Light" is an empowering anthem of strength, hope and an affirmation of humanity that speaks to these uniquely troubled times in both deeply personal and universal ways.

Co-written by the Swiss born artist and Aimee Proal – who has written songs for Kelly Clarkson and the late Joe Cocker, and also collaborated with hit songwriters like Ryan Tedder – the track is a compelling showcase for Leyla's commanding yet ethereal voice and a reflection of her lifelong spiritual journey. It is the perfect reflection of her intention to create healing/conscious pop music, or what she innovatively dubs "restorative pop."

Produced by singer/songwriter Michael Grayer, Head of A&R for Lynn Verlayne Studio, "Legion of Light" is set for digital release September 29.

The overall message of Leyla's music is about unity, equality, love, compassion and connecting to the divine power within ourselves, the truth of who we really are. "The light inside of us is a powerful energy and it's a choice to stand in the light, to choose love over hatred, to abuse or not abuse that power and responsibility we're given," she says.

To Leyla, lyrics are like mantras and affirmations. She believes in recognizing the pain of life and honoring it, but ultimately overcoming it and moving from victim to victory. She believes deeply in transformation and infinite possibilities. Always aiming to uplift, Leyla speaks directly to our individual hearts when she sings: "When you stumble and fall/Do you hear the call/Remember the love you're made of...I know you're scared and worried/But you are the legion of the light."

In many ways, the song is an extension of her yoga practice and studies as a Reiki Master and Sound Healing Facilitator. Reiki is Japanese originated healing technique based on the principle that the therapist can channel energy into the patient by means of touch, to activate the natural healing processes of the patient's body and restore physical and emotional well-being.

“The song is about making people aware of their own power and potential, and about that choice we can make in any moment, under any circumstance,” she says. “There is a lot of division in the world right now, many contrasts and much opposition, and we’re being called every day to make decisions on which side we are standing. On a more personal level, when each of us is going through hard times, we’re sometimes forced to find good things and that light inside of us.”

Leyla draws some of her inspiration to break through the negativity from events earlier in her life when she chose to pursue her dream of becoming a musician and singer/songwriter. Growing up in a small town in northern Switzerland, many friends and family members told her she shouldn’t try, that she would never be good enough to succeed. Practical concerns prompted her to go to a business school where she studied economics.

After she graduated with a degree in pre-primary/early primary education, she worked as a kindergarten and elementary school teacher for several years. The unfiltered authenticity of her young students connects to the essence that she writes and sings about in “Legion of Light.” Though she enjoyed working with kids, she ultimately left everything behind to move to New York to commit to her artistic journey. She attended the American Musical and Dramatic Academy to study acting, voice and dance, and enrolled in the International Dance Student Program at Broadway Dance Center.

“I had to focus on what I really wanted and who I really am,” she says. “I had to focus on keeping positive. In the song, I am reminding people to embrace who they really are, that they all have the light within them even if life circumstances can distract them to start doubting and think about the difficult things in their way. In those moments, we forget about our true potential. Even amidst the fears, doubts and division, we can all unite when we recognize where the power comes from. If every single person could clean themselves up, ultimately the world would be a better place.”

Aimee Proal (Kelly Clarkson, Joe Cocker).

